



California Wine Country

July 25-29, 2022

Activities

Small Group Winery Tours

World-class wine tours and tastings are at the heart of Napa Valley's allure. With more than 400 wineries scattered throughout the region, the options span the gamut from boutique wineries to prominent brand name producers. Select this excursion to explore Napa wine country on this small group tour. Sip delicious wines at 2-3 wineries and take in the beautiful scenery as you learn about the history of California wine.

Hot Air Balloon Ride

One of the most popular Napa Valley Wine Country activities is drifting skyward in a colorful hot air balloon. These magical flights provide a bird's eye view of the entire Valley, Mayacamas mountain range, and beyond. If you're seeking a fun bucket-list activity to remember during your visit, select this excursion and be sure to bring a camera! As you drift high above the vineyards, you will experience a quiet, panoramic serenity like no other from a unique vantage point.

What to Bring

- Closed-toe, Flat-heeled Shoes
- Face covering
- Layered Clothing
- Pants or Jeans
- Hat (recommended)
- Sunglasses (recommended)
- Small Camera
- Sense of adventure!

What Not to Bring

- Backpacks
- Big Bags
- Big Purses
- Big Camera Bags
- Food or Drinks

**Balloons are balanced by weight, so please be sure to leave backpacks, purses, or bags behind. You won't be able to bring them with you on the balloon.*

**Ballooning is a fun activity for people of almost any age. There are some individuals for whom ballooning isn't appropriate and will be recommended not to fly: pregnant women, infants, or young children (less than six years of age) who are not tall enough (at least 48") to see over the side of the basket, individuals who have done a recent deep scuba dive, and people suffering from chronic pain or have had recent major surgery. Passengers who are unable to stand during the entire flight (45 minutes - 1 hour) and walk on uneven ground to the transportation shuttles. Passengers must be able to adopt the bended knee seated landing position, have upper-body strength and flexibility to climb in and out of the baskets.*

If you have a medical condition that could cause discomfort or be aggravated during the flight or have been advised to restrict your activity because of a medical condition, please consult your physician in advance and a medical doctor's release will be required. Under the Federal Aviation Administration, all hot air balloon pilots have the duty of care for all passengers and can decide ultimately if someone is safely able to participate in the flight even with a doctor's note. The final decision will be made on the morning of the flight. Ballooning is best appreciated by those who have a sense of adventure.

Golf at Silverado

Challenge yourself on a championship course, surrounded by Napa Valley's golden hills. Redesigned by PGA Hall-of-Famer Johnny Miller – these two PGA courses offer some of the nation's best golf. Grab your clubs and enjoy an all-time classic golf experience. Rental clubs can be arranged for you based on your registration form selections.

[Click here](#) to learn more about the North and South Courses at Silverado.

Spa Treatments

B Spa at Bardessono is about making time for yourself. You deserve it and they will prove it to you with every spa experience. A subtle earth-tone aesthetic, privacy, and graciousness leaves guests with a renewed curiosity and a sense of purpose, bringing true meaning to mindful luxury living. Inspired by the beauty of the valley landscape, B Spa offers a quaint haven to reconnect with nature and your inner self. Great care has been given in the curation of treatments offered, while incorporating native botanicals that have nourished the soil and soul of Napa Valley. Treatments can be provided in your hotel room or at the spa center.

Select one of the treatments below and reserve your place in euphoria.

Facials

QUINTESENTIAL FACIAL - 50 minutes

An ultra-hydrating refreshing facial treatment to control the effects of extreme moisture loss. Botanical-rich gel scrub gently eliminates lifeless cells while also infusing the skin with lasting moisture leaving skin dewy and radiant.

GENTLEMEN'S FACIAL - 50 minutes

Bespoke facial curated for the particular needs of male skin. Complete with warm towels and serums to soothe as well as moisturize skin.

REJUVENATION FACIAL - 50 minutes

An anti-aging intensive facial that treats all signs of premature, aging skin. Phyto-nutrients and plant extracts promote radiance, reduces dark spots, smooths wrinkles and firms as it provides long-lasting nourishment protecting skin from environmental damage and moisture loss.

Body Glow Treatments

NAPA VALLEY VINO POLISH plus BARDESSONO BUTLER BATH

Body Scrub – 30 minutes

Local Napa, crushed grape seeds, oil, natural salts, lavender and other nutrient-rich ingredients work to restore radiance and hydration.

Bath Butler - Extend your spa treatment by adding a bath butler to your service

- Clarifying Sage Bath - Cleanse energy and purify the body with the healing benefits of sage, geranium and citrus to uplift your mood and increase focus.

UPLIFTING CITRUS SCRUB plus BARDESSONO BUTLER BATH

Body Scrub – 30 minutes

A delicious house medley of orange, clementine, lemon and key lime combined with raw sugar that is buffed over the body to reveal radiant, smoother and softer skin.

Bath Butler - Extend your spa treatment by adding a bath butler to your service

- Wellness Bath - Reminiscent of a Turkish hammam, this deeply purifying and sacred ritual drenches skin in a moisturizing milk bath of floral buds and essential oils.

Massages

BARDESSONO SIGNATURE MASSAGE - 50 minutes

Choose from three Bardessono custom blends of aromatic oils synergistically combined with rhythmic, free-style techniques that are performed in harmony for relief from muscle tension and create deep relaxation.

SWEDISH MASSAGE - 50 minutes

Medium to light pressure of long, smooth strokes in a circular movement with gentle kneading promote relaxation and ease muscle tension.